

## Alain Cardon

*ALAIN CARDON MASTER CERTIFIED COACH, SYSTEMIC EXECUTIVE COACH*

---

Breakthrough Catalyst, Performance Booster, Perspective Agitator, ... (systemic executive coach)



*Master Certified Coach since 2002, mostly recognized for his specific competencies in systemic executive coaching, team coaching and organizational coaching, Alain Cardon is also a systemic coach trainer and coach supervisor, with coaching schools in France and Romania since 2007*

*As far as his personal style in executive coaching, life coaching, team coaching and organizational coaching, Alain has developed a direct, confronting and empowering coaching approach. It may be defined as a blend of brief, systemic, creative, and breakthrough posture and techniques. Although French national and part-time resident, his intensely international personal life and career also makes it difficult to define Alain's coaching heritage as originating from one or another coaching school of thought, one or another national frame of reference.*



B.A. Social Sciences, Macalester College, Minnesota, USA. Educational Psychology at the U. of Minnesota, USA.

Alain Cardon is a former member of the Institut Français d'Analyse Transactionnelle (I.F.A.T.), author of twenty-five books in French, consultant, trainer and coach. Alain Cardon is presently the managing director of Métasystème France and owner of Metasysteme Coaching in Romania.

### **COACH**

MCC (Master Certified Coach, International Coach Federation).

Systemic Executive Coach.

Alain Cardon is also a team coach and organizational coach. He is specialized in accompanying transitioning leaders and corporations in international and intercultural contexts.

He has participated in numerous volunteer activities in the International Coach Federation (France and US) and ONGs in Romania.

### **CONSULTANT**

Starting in 1976 and within "Transformation Consultants", Alain Cardon was a communication and management consultant, first with a Transactional Analysis slant then with a resolutely systemic approach. From 1985 onwards, he has specialized in Systems Analysis applications in Team Building, Team Development and Organizational Development. Over the years, this background has gradually prepared him to become a widely recognized systemic executive coach, team coach and organizational coach.



### **COACH AND CONSULTANT TRAINER**

Since 1980, Alain Cardon has been a coach trainer at Transformation Consultants, at Transformation Ecole (today Mozaik International), within Transformance, a Paris-based coach school, in Metasysteme France, and at Metasysteme Coaching France SRL in Bucarest. As a visiting professor in other schools and universities, Alain Cardon also occasionally participates in other personal-coach and team-coach training programs.

Within Metasysteme, Alain Cardon offers International Coach Federation ACSTH and LEVEL II approved systemic coach training, systemic coach supervision and advanced workshops. These systemic coach-training options for confirmed coaches and consultants are offered on this website in the "Metasysteme Coach Academy" pages.

### **SPEAKER**

Since 1983, Alain Cardon has been a prolific speaker for the European Transactional Analysis Association, and keynote speaker for the 2002 International Coach Federation European Conference at Sitges in Spain, for the first ICF Morocco conference in Casablanca in March 2006, for the ICF Spain Conference in Madrid, November 2006, for the World Trade Center (Bucarest), and internally for numerous corporations. (Consult our CONFERENCE page on this website and on LinkedIn, look for "Alain Cardon MCC").

### **AUTHOR**

Alain Cardon is author of numerous books (25+) mostly published in French. Some have been translated to English, Italian, Spanish and Romanian (AMAZON BOOKS). He has also written articles published in daily papers (LESECHOS) and periodicals in France, the United States, Italy and Romania. Unless specified otherwise, all the English, French and translated texts on this website are written by Alain Cardon, and are his or Metasysteme SAS copyright. (for a list of published articles and books, consult the Publications section of this website.)

Alain Cardon also regularly posts his current coaching questions and comments on the Metasysteme Coaching LinkedIn group and the Metasysteme Coaching Facebook page.



**And, More Privately:**

Alain Cardon was born in Algeria in 1949.

He grew up in Egypt, until 1967, so he speaks and understands Egyptian Arabic.

Graduate studies in the United States until 1973, so he speaks English with a slight Middle-West American accent.

He is married and has two adult sons, three grand-sons

Alain Cardon is currently based in Paris, France and Bucharest, Romania.

Alain Cardon's systemic executive coaching, team coaching and organizational coaching practice is international and often in English (CEE, Middle East, Eastern Europe, Latin and North America, Africa and Asia). In these regions, his role is to initiate and sometimes pilot strategic organization development activities that are often relayed by local or internal executive coaches, team coaches and consultants.